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# Child Abuse & Neglect

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## Social supports moderate the effects of child adversity on neural correlates of threat processing



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### ABSTRACT

**Background:** Child abuse and other forms of adversity are associated with alterations in threat processing and emotion regulation brain circuits.

**Objective:** The goal of the current investigation is to determine if the availability of positive social support can ameliorate the negative impact of adversity on these brain systems.

**Participants and setting:** Subjects included 55 children ages 7–16 ( $X = 11.8$ ,  $SD = 2.0$ ). Approximately one-third of the cohort had no significant history of adversity, one-third had a history of moderate adversity, and one-third had a history of severe adversity. Brain imaging was conducted at the University of Vermont using a 3.0 T Philips scanner.

**Methods:** The Emotional Go-NoGo task with fearful and calm facial stimuli was used to assess the neural correlates of threat processing and emotion regulation in children during functional magnetic resonance imaging (fMRI). Dimensional measures of anxiety, social supports, and children's adverse experiences were also obtained.

**Results:** A conjunction analysis was used to test if trauma-related brain activation in responding to fearful vs. calm targets was impacted by social support. This approach identified multiple activation foci, including a cluster extending from the left amygdala to several other key brain regions involved in emotion regulation, including the orbitofrontal cortex, anterior cingulate cortex (ACC), anterior insula, nucleus accumbens, and frontal pole (Family Wise Error (FWE) correction,  $p < 0.05$ ).

**Conclusions:** Greater social support may reduce the effect that adversity has on neural processing of threat stimuli, consistent with the protective role of positive supports in promoting resilience and recovery demonstrated in the literature.

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## 1. Introduction

Globally, approximately 1 billion children ages 2–17 years will experience child maltreatment in a given year (Hillis, Mercy, Amobi, & Kress, 2016). Over the past two decades there has been a burgeoning of research on the effects of child maltreatment on brain development (Bick & Nelson, 2016; De Bellis et al., 1999; Herringa, 2017a). A recent meta-analysis of 20 investigations that used various functional magnetic resonance imaging (fMRI) paradigms to study emotion processing in maltreated individuals concluded child abuse and neglect are associated with increased bilateral amygdala activation to emotional faces (Hein & Monk, 2017). The amygdala is a key brain structure known to be involved in threat processing and emotion regulation (LeDoux, 2007), with increases in amygdala activation to emotional stimuli observed in patients with Posttraumatic Stress Disorder (PTSD; (Garrett et al., 2012), Major Depressive Disorder (MDD; (Peluso et al., 2009), and adults maltreated as children without a history of psychiatric illness, suggesting this may be a vulnerability marker for mood and anxiety disorders (Dannowski et al., 2012).

In our prior studies with maltreated children, positive social supports were found to decrease risk for the development of depressive disorders (Kaufman, 1991), minimize the likelihood of hypothalamic pituitary adrenal stress axis abnormalities (Kaufman, 1991), and significantly moderate the vulnerability conferred by high risk genes associated with psychopathology (Kaufman et al., 2004, 2006). Positive social supports are also known to decrease risk for the development of PTSD (Fletcher, Elklit, Shevlin, & Armou, 2017; Lowe & Galea, 2017), and the absence of social supports and exposure to ongoing psychosocial adversity are strong predictors of PTSD chronicity (Brewin, Andrews, & Valentine, 2000; Charuvastra & Cloitre, 2008; Pynoos, Steinberg, & Piacentini, 1999). Parental support in particular, is a potent factor in moderating the effects of trauma in children (Valentino, Berkowitz, & Stover, 2010).

### 1.1. Hypothesis

Given the protective role of social supports it was hypothesized that the availability of positive supports will ameliorate the negative impact of child adversity on the functioning of the amygdala and other brain regions involved in threat processing and emotion regulation. The fMRI Emotional Go-NoGo task (Hare et al., 2008) was administered to test this hypothesis. The Emotional Go-NoGo Task has been used extensively in the literature (Hein & Monk, 2017), and shown to effectively tap these neural systems in pediatric trauma (Hare et al., 2008; Malter Cohen et al., 2013) and adult trauma (Miller et al., 2015; Sadeh et al., 2015) populations. Given emerging findings on the negative impact of a broad range of stressful life experiences on the structure and function of key brain regions in the emotion and threat processing circuits (Bilek et al., 2019; Oshri et al., 2019), in the current investigation a total dimensional adversity score was derived for youth which included assessments of a number of intrafamilial and extrafamilial negative life experiences. It was hypothesized that greater adversity would be associated with increased amygdala activation in processing threat stimuli, and increased activation in this region would be associated with higher anxiety symptoms.

## 2. Method

### 2.1. Sample

Participants in this study were part of a larger investigation that examined risk and resilience in maltreated children (Kaufman, Montalvo-Ortiz et al., 2018; Kaufman, Wymbs et al., 2018; Orr et al., 2016). The imaging data reported in this manuscript were available on a sample of 55 right-handed children ages 7–16 ( $M = 11.8$ ,  $SD = 2.0$ ): 36 healthy control children with no history of referral to protective services and 19 maltreated children, 10 who received in-home child welfare services and 9 with a recent out-of-home placement. The children came from a wide range of different socioeconomic backgrounds (SES; Hollingshead X-3.46,  $SD = 1.4$ , Range 1–5), but the groups did not differ in terms of Hollingshead SES scores ( $F = 0.31$ , ns).

Maltreated children were recruited through collaboration with the State of Vermont child protective services, and healthy control children were recruited from the community via newspaper ads and flyers. The presence or absence of a maltreatment history was verified through child protective services records and child and parent report. Inclusion in the healthy control group required no reported or documented history of maltreatment and scores below established clinical thresholds on the Screen for Child Anxiety and Related Emotional Disorders (SCARED; (Birmaher, Khetarpal et al., 1997) the Mood and Feelings Questionnaire (MFQ; (Angold et al., 1995) and the internalizing and externalizing scales of the Child Behavior Checklist (CBCL; (Achenbach & Rescorla, 2001).

Go-NoGo fMRI data were collected on an additional 38 children who were excluded from the final sample for poor performance on the Go-NoGo task ( $N = 25$ ,  $\leq 5$  correct responses in each non-target condition), or due to excessive motion ( $N = 13$ , motion criteria for exclusion provided below). There were no differences between the children included and excluded in the final sample in terms of maltreatment status, sex, age, MFQ, SCARED, or CBCL data ( $p > .05$ , all comparisons).

### 2.2. Procedures

The present cross-sectional study was approved by the IRBs at the University of Vermont, Johns Hopkins, and Yale University. Prior to recruitment, an independent child advocate reviewed each case referred through protective services to determine that research participation was in the child's best interest. The 'best interest' standard was set by the University of Vermont IRB, with only one child from the larger Risk and Resilience Study cohort excluded by the independent child advocate, with that child excluded due to his state of acute psychiatric instability. The child's parent or legal guardian provided informed consent and each child provided

assent for study participation. Birth parent assent for child participation for children in state custody was obtained when clinically appropriate (i.e., ongoing parent-child contact). Clinical measures were collected in 1:1 sessions with each child, and children received \$20 for completion of the clinical questionnaires and \$60 for completion of the imaging protocol.

### 2.3. Measures

#### 2.3.1. Anxiety

Children completed the Screen for Child Anxiety Related Emotional Disorders (SCARED), a 41 item rating scale developed to assess anxiety symptoms in children and adolescents (Birmaher, Khetarpol et al., 1997). The SCARED has exceptional psychometric properties and the internal consistency of the measure in the present study was excellent (Cronbach's alpha = 0.931).

#### 2.3.2. Childhood adversity

As detailed elsewhere (Kaufman, Montalvo-Ortiz et al., 2018; Kaufman, Wymbs et al., 2018), multiple informants and data sources (i.e., parents, children, protective services records) were used to obtain a best estimate of each child's adverse life experiences. The data from these various sources were integrated and rated using the Yale-Vermont Adversity in Childhood Scale (Y-VACS) scoring procedures (Holbrook et al., 2015). The Y-VACS assesses a range of intra-familial (i.e., physical abuse, sexual abuse, neglect, witnessing domestic violence, caregiver substance abuse, parental separation, caregiver incarceration) and extra-familial (i.e., community violence, bullying, natural disasters) adversities, and generates scores that consider severity and frequency of exposure. Y-VACS generates a total adversity score, intra-familial adversity score, and extra-familial adversity score. Y-VACS scores have high inter-rater reliability (Holbrook et al., 2015), and strong convergent (Kaufman, Montalvo-Ortiz et al., 2018; Kaufman, Wymbs et al., 2018) and predictive (Grasso, DiVietro, Beebe, Clough, & Lapidus, 2019) validity. The dimensional total adversity Y-VACS scores were used in the analyses in the present investigation (inter-rater reliability,  $\alpha = .95$ ,  $p < .001$ ). No between group contrasts were conducted given the heterogeneity of adversity experiences and total Y-VACS scores among the community controls never referred to protective services ( $X = 14.8$ ,  $SD = 9.2$ ,  $Range = 2-37$ ), children recruited through the community with prior protective services referrals ( $X = 24.4$ ,  $SD = 11.6$ ,  $Range = 5-38$ ), and the children recruited through protective services with a recent out-of-home placement ( $X = 33.8$ ,  $SD = 11.7$ ,  $Range = 25-47$ ). While the community controls had no history of child abuse or neglect, 29 % witnessed domestic violence, 23 % had a parent who struggled with a substance use disorder, 17 % had a parent who was incarcerated at some point during their childhood, 57 % came from non-intact families, 6 % had a parent with a significant mental health problem, and 11 % of the youth reported severe histories of bullying experiences.

#### 2.3.3. Social supports

The Arizona Social Support Interview Schedule (ASSIS) is an interview that was originally developed for adults and was revised for use with school-aged children (Barrera, 1980; Kaufman, 1991). During the interview, children are asked to name people they (i) talk to about personal things; (ii) count on to buy the things they need; (iii) share good news with; (iv) get together with to have fun; and (v) go to if they need advice. Sixty-six percent of the youth listed their biological mother as their top support, 9 % listed their grandmother, 7 % listed their father, 7 % listed a friend, 6 % listed a sibling, and 5 % listed another adult as their top support. A continuous measure reflecting the total number of positive support categories listed for the child's biological mother was the social support index examined in the current report. Exploratory analyses were done with the measure that included the number of positive categories the child listed for his or her top support, but as the analyses were not significant, they are not presented in this manuscript.

#### 2.3.4. Emotional Go-NoGo task

The Emotional Go-NoGo Task presents participants with grayscale images of fearful and calm faces and participants are instructed to press a button (i.e., "Go") when an image with the target facial expression appears on the screen, and withhold (i.e., "NoGo") responding when the other non-target facial expression appears (Hare et al., 2008; Tottenham et al., 2011). This task requires participants to regulate the automatic avoidance response induced by threat stimuli and respond as quickly as possible when fearful faces are targets. Children completed two blocks (5 min 30 s each) of the Emotional Go-NoGo task, one in which fearful faces were targets (75 %) to which they were told to respond as quickly as possible, and calm faces were non-targets to which they were told to withhold responding. In the other block, calm faces served as targets (75 %) and fearful faces served as non-targets. Presentation of target and non-target stimuli was pseudorandomized within a run, and the order of fearful and calm target presentation across runs was balanced across participants. Face stimuli were presented for 500 ms, and the inter-trial interval varied between 2 and 14 s, with a mean interval of 5 s. In total, each run contained 48 trials, with 36 target and 12 non-target trials.

#### 2.3.5. fMRI acquisition and preprocessing

Children were scanned at the University of Vermont using a 3.0T Philips Achieva scanner (Philips Healthcare, Best, the Netherlands) with a 12-channel head coil. A total of 155 functional volumes (33 slices/volume) per run were collected using a gradient-recalled echo planar sequence along an oblique axial plane with anterior-posterior phase encoding (TR/TE = 2000/35 ms, flip angle = 90°, 3.5 mm slice thickness with no gap were obtained in the axial oblique plane, parallel to the AC-PC line using a FOV of 240 mm and a matrix size of 128 × 96). Field map correction for magnetic inhomogeneities was accomplished by acquiring images with offset TE at the end of the functional series.

Preprocessing of functional images was carried out using SPM12 (Wellcome Trust Centre for Neuroimaging, London, United

Kingdom). Separately for each functional run, scans were slice-time adjusted with respect to the first slice acquired during the TR as reference, and rigid body realignment parameters were estimated to adjust for displacement between volumes. Scans were then normalized to MNI-152 template space producing 3 mm isotropic voxels, and then spatially smoothed using a Gaussian filter with a kernel of 8 mm full-width at half-maximum. FSL Motion Outliers was then used to detect functional volumes that may have been corrupted by motion as defined by an outlier threshold as the upper limit used when creating boxplots (75<sup>th</sup> percentile + 1.5 times InterQuartile Range). These volumes were included as stick regressors in a confound matrix that also included the 6 degrees of freedom (DOF) realignment parameters, which were modeled as nuisance regressors in first-level analysis.

First-level estimation of the BOLD response for each participant was modeled using general linear model (GLM) analyses. An event-related approach modeled the BOLD response separately for correct fearful and calm targets, correct fearful and calm non-targets, and an additional regressor for any aberrant response. Because a formal analysis of error was not anticipated, aberrant trials were combined to include omission and commission errors and any target responses considered too slow (RT > 1000 ms) or too fast (RT < 200 ms). Events were convolved using the canonical hemodynamic response function and temporal and dispersion derivatives of modeled events. First-level condition images (fearful target, fearful non-target, calm target, calm non-target) were generated as the combined amplitude of the estimation of BOLD, in addition to temporal and dispersion derivatives. The following planned contrasts were then carried out: fear target > calm target, fear non-target > calm non-target. Analyses of NoGo trials were also examined, but as there were no significant findings, they are not presented. In addition, to confirm sensorimotor-related activation during targeted responding, the contrast Go > NoGo, collapsing over calm and fearful conditions was conducted and revealed the expected pattern of voxels for the execution of a button press response, showing cortical and subcortical sensorimotor regions with a lateralization to the contralateral left hemisphere, as expected as all the children in the study were right handed and responded using their right index finger. Participants were excluded from higher-level analyses for one of three reasons: (1)  $\geq 10$  functional volumes in a run with motion spikes  $\geq 3$  mm (framewise displacement, FD), (2) average FD of a run  $\geq$  group mean FD + 3SD, or (3) for any given run, the lack of functional activation in motor cortex contralateral to their response hand for target trials.

#### 2.4. Data analyses

Effects of emotional expression on reaction time (RT) and accuracy, and their association with dimensional scales of trauma (Y-VACS) and anxiety (SCARED) were analyzed using paired samples t-tests and linear regression in MATLAB. Mixed-effects analyses were initially used to examine the main effects of the covariates of interest (Y-VACS total score, biological mother support) and non-interest (age, sex) on activation differences observed in the planned contrasts (fear target > calm target, fear non-target > calm non-target). A global conjunction analysis was then used to determine if trauma-related activation differences observed during the planned contrasts of the targets (fear target > calm target) covaried as a function of social support from the biological mother. A separate exploratory analysis was performed using the SCARED total score as a covariate, replacing Y-VACS total score in the model, because the SCARED and Y-VACS were highly correlated ( $r = 0.49$ ,  $p < .001$ ). Significance was determined first by applying a cluster extent threshold of  $p < 0.005$ , a threshold commonly employed in the literature (Woo, Krishnan, & Wager, 2014), and then applying cluster-level family-wise error (FWE) correction,  $p < 0.05$ . As noted previously, additional exploratory analyses of the non-target trials (fear non-target > calm non-target) were also examined with covariates, but as there were no significant findings, they are not presented.

### 3. Results

#### 3.1. Demographic and clinical measures

The demographic and clinical characteristics of the sample are depicted in Table 1. Group differences on the demographic and clinical measures were examined using ANOVAs and Chi-Square analyses. The groups did not differ on age, sex, race, or SES ( $p > .05$ , all comparisons). As expected, maltreated children had significantly higher SCARED scores than the healthy control children ( $F = 19.5$ ,  $p < .001$ ), with 9 (47 %) of the maltreated children above the clinical threshold on the SCARED. Maltreated children also had significantly greater scores on the Y-VACS intrafamilial adversity scale ( $F = 25.4$ ,  $p < .001$ ), extrafamilial Y-VACS adversity scale ( $F = 4.1$ ,  $p < .05$ ), and total adversity Y-VACS scale ( $F = 25.9$ ,  $p < .001$ ). On the social support questionnaire, only 2 (5.6 %) of the children in the comparison group listed their biological mother for two or fewer categories of positive support, 6 (16.7 %) listed their mother for three categories, and 28 (77.7 %) listed their mother for four or five categories of support. Among the maltreated children, 9 (47.4 %) listed their biological mother for two or fewer categories of positive support, 2 (10.5 %) listed their mother for three categories, and 8 (42.1 %) listed their mother for four or five categories of positive support ( $X^2 = 18.5$ ,  $df = 5$ ,  $p < .002$ ). As noted previously, adversity was analyzed dimensionally and no between group contrasts were conducted given the heterogeneity of adversity experiences and total Y-VACS scores among the children in both groups (see description of Y-VACS measure for details).

#### 3.2. Go-NoGo behavioral data

Among the subjects included in the final cohort, there were no significant differences in RT or accuracy when responding to fearful and calm targets, and further, no significant differences in commission errors for non-target trials. A significant correlation ( $r = -0.29$ ,  $p = 0.034$ ) was observed between trauma (Y-VACS total score) and the difference in target RT (fear RT – calm RT), such that

**Table 1**  
Demographic and Clinical Characteristics of the Sample (N = 55).

	Maltreated Children N = 19	Control Children N = 36	Statistic p-value
Age	12.3 ± 2.1	11.4 ± 1.9	F (1) = 1.85 p = ns
Sex (% Female / %Male)	42 % / 58 %	60 % / 40 %	X <sup>2</sup> = 1.03 p = ns
Race (EA/AA or Biracial)	90 % / 10 %	85 % / 15 %	X <sup>2</sup> = 2.5 p = ns
Hollingshead Socioeconomic Status	3.17 ± 1.5	3.51 ± 1.4	F (1) = 0.31 p = ns
SCARED Questionnaire	30.7 ± 17.0	15.4 ± 6.1	F (1) = 19.5 p < .001
Y-VACS Intra-familial Adversity Score	22.0 ± 9.9	9.6 ± 7.9	F (1) = 25.4 p < .001
Y-VACS Extra-familial Adversity Score	6.8 ± 2.1	5.2 ± 3.1	F (1) = 4.1 p < .05
Y-VACS Total Adversity Score	28.8 ± 10.5	14.8 ± 9.2 <sub>c</sub>	F (1) 25.9 p < .001
High Social Support Rating for Mother	42.1 %	77.7 %	X <sup>2</sup> = 18.5 p < .002

Abbreviations: EA = European American; AA = African American; Y-VACS = Yale-Vermont Adverse Childhood Experiences Scale; SCARED = Screen for Child Anxiety and Related Emotional Disorders scale.

greater exposure to trauma was associated with slower RTs for fearful targets relative to calm targets. A similar relationship was observed between anxiety (SCARED total score) and the difference in RT between target conditions (R = -0.27, p = 0.049).

3.3. *Imaging results*

Table 2 delineates the complete list of clusters of activation that were significant in the analyses. A test for the effect of emotion valence was conducted by examining if there was a difference between fearful and calm face conditions. Collapsing across target and non-target conditions, participants responded to fearful face cues with increased activation in an area corresponding to the left anterior insula as well as the right posterior cingulate and precuneus (FWE correction, p < 0.05).

As depicted in Fig. 1 and Table 2, when examining the effect of trauma on brain imaging parameters, elevated Y-VACS total trauma scores were associated with increased activation towards fearful vs. calm targets, with a significant cluster localized to the left orbital frontal cortex (OFC) and extending dorsally into the anterior cingulate cortex (ACC; FWE correction, p < .05). There were no main effects of support from the biological mother on activation patterns (p > .05, all contrasts). Results of the conjunction analysis using the dimensional measures of trauma and support from the biological mother to test if trauma-related brain activation changes in responding to fearful vs. calm targets were impacted by support from the biological mother are depicted in Fig. 2. Multiple

**Table 2**  
Significant Clusters of Activation during Go-NoGo Task.

Fear (target, non-target) > Neutral (target, nontarget)						
Region	Hemisphere	Peak t-stat	Voxels	MNI coordinates		
				x	y	z
Posterior cingulate cortex/precuneus	R	4.08	219	18	-40	41
Anterior insula/inferior frontal gyrus	L	3.7	205	-57	29	5
Fear target > neutral target, trauma covariate						
Region	Hemisphere	Peak t-stat	Voxels	MNI coordinates		
				x	y	z
Orbital frontal cortex/ anterior cingulate cortex	L	4.05	331	-21	32	-10
Fear target > neutral target, conjunction of trauma and biological support covariates						
Region	Hemisphere	Peak t-stat	Voxels	MNI coordinates		
				x	y	z
Anterior cingulate cortex/frontal pole	R	2.89	246	15	47	11
Amygdala/OFC, nucleus accumbens, anterior insula	L	2.51	177	-42	2	-25
Fear target > neutral target, conjunction of trauma and biological support covariates, left amygdala small volume correction (SVC)						
Region	Hemisphere	Peak t-stat	Voxels	MNI coordinates		
				x	y	z
Amygdala	L	2.29	24	-27	8	-19

Legend. Significance was determined by first applying an uncorrected threshold of p < 0.005, and then applying cluster-level family-wise error (FWE) correction, p < 0.05.

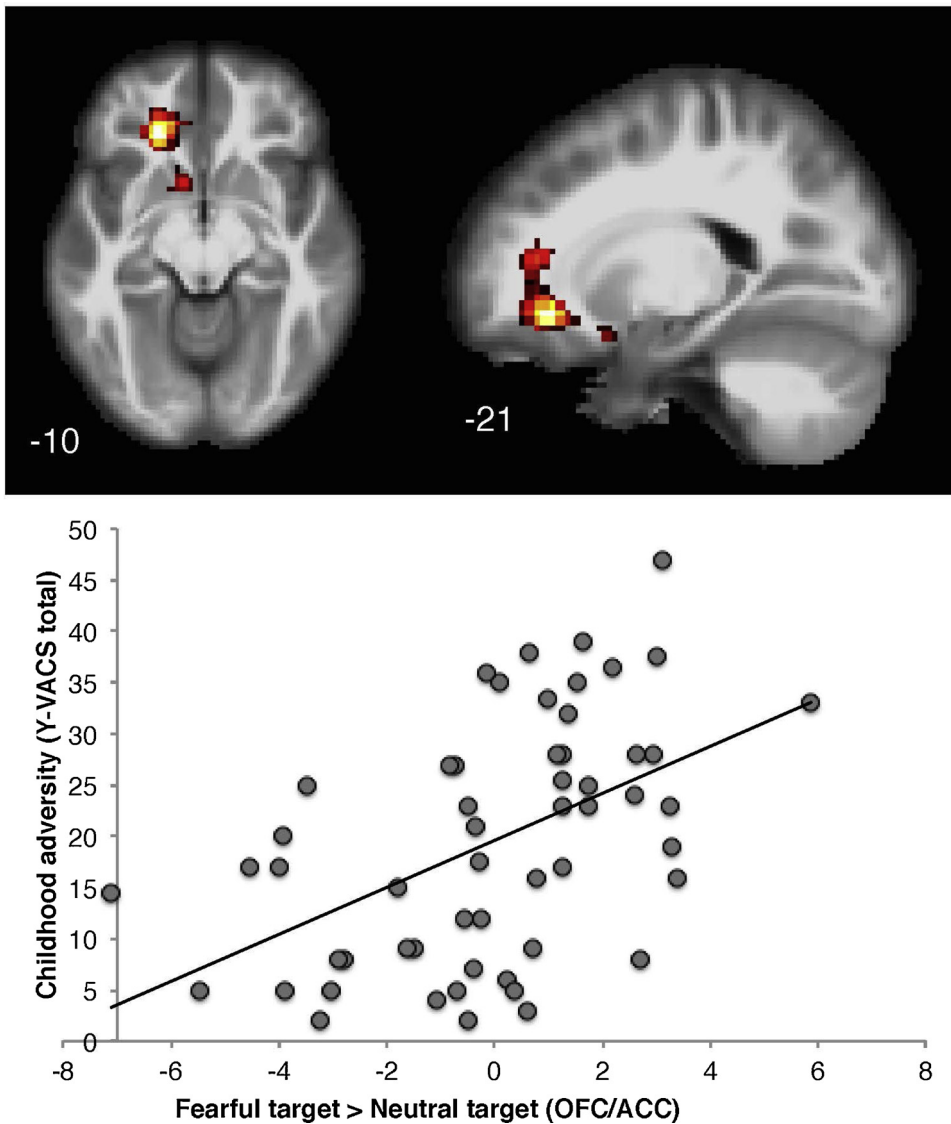


Fig. 1. Effects of Y-VACS Trauma Scores on Brain Activation Fearful vs. Neutral Faces.

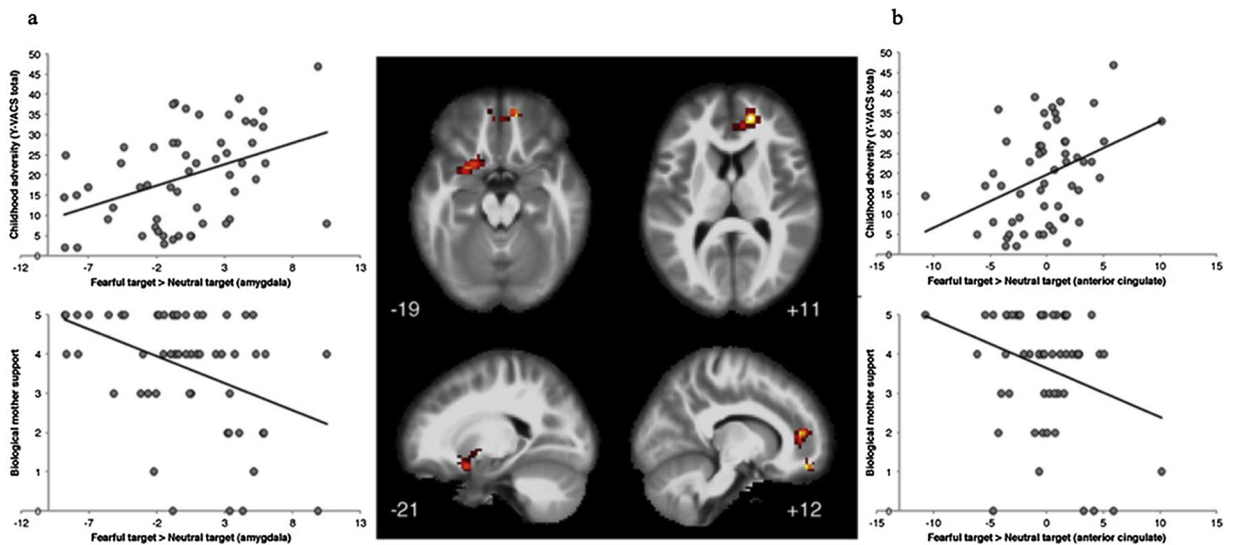
activation foci throughout cortical and subcortical regions emerged significant in this analysis, including a cluster predominantly localized to the right ACC and frontal pole, and an additional cluster extending to the left amygdala, nucleus accumbens, OFC, and anterior insula (FWE Correction,  $p < .05$ ). Activation of the left amygdala was confirmed using small volume correction (left amygdala mask, Harvard-Oxford atlas). The results of the conjunction analysis show that heightened adversity and a lack of support similarly modulate the activation of brain regions sensitive to fearful faces, and suggest greater support from a biological mother may reduce the effect that adversity has on cortical processing of threat stimuli.

As noted, a separate exploratory analysis was performed using the SCARED total score as a covariate, replacing Y-VACS total score in the conjunction analysis model, because the SCARED and Y-VACS were highly correlated ( $r = 0.49$ ,  $p < .001$ ). A similar pattern of findings emerged in this analysis, with increased anxiety scores on the SCARED associated with increased activation in the left amygdala and right ACC (FWE Correction,  $p < .05$ ).

#### 4. Discussion

The results of the current study preliminary support the proposition that the availability of positive social support can ameliorate the negative impact of child maltreatment and other forms of adversity on the functioning of brain circuits involved in threat processing and emotion regulation. Consistent with prior reports, histories of greater adversity were associated with increased amygdala activation in response to threat stimuli (Hein & Monk, 2017), with the impact of adversity on amygdala activation in this investigation found to be reduced in youth with positive supports. Increased activation in response to threat stimuli was also observed





**Fig. 2.** Effect of Birth Parent Support on Trauma-Related Clusters of Activation to Fearful vs. Neutral Faces.

**Legend.** Results of the conjunction analysis using the dimensional measures of trauma and support from the biological mother to test if trauma-related activation changes in responding to fearful vs. neutral targets were impacted by support from the biological mother identified a cluster predominantly localized in the left amygdala extending to the nucleus accumbens, OFC, and anterior insula (a), and a second cluster in the right ACC and frontal pole (b).

in the anterior cingulate cortex, insula, nucleus accumbens, and the frontal pole, with the impact of adversity on activation in these brain regions similarly reduced in the presence of positive supports. These latter brain regions have been implicated in PTSD and other stress-related psychiatric disorders (Boccia et al., 2016; Goode & Maren, 2019; Karl et al., 2006; Sun, Haswell, Morey, & De Bellis, 2018; Tomoda, 2016; Zhu et al., 2017), with increased activation in the anterior cingulate cortex and insula in response to threat stimuli also reported in prior studies (Hein & Monk, 2017; Herringa, Phillips, Fournier, Kronhaus, & Germain, 2013).

In the current study, support from the biological mother was the measure that moderated the impact of trauma on brain activation during threat processing; in our prior studies it was the relationship with the child's top support that was found to moderate the impact of adversity across the various outcomes examined (Kaufman, 1991; Kaufman et al., 2004, 2006). The salience of the relationship with the biological mother may be due to the lower proportion of children in out-of-home care and the higher proportion of youth living with their biological mothers in the current investigation compared to in our prior studies.

The current study has several limitations including, small sample size, heterogeneity in terms of child adversity experiences, the absence of developmental timing data for children's trauma experiences, and the broad age range of the subjects. While prior investigations have reported developmental differences in neural activation during the Emotional Go-NoGo task across the age range of subjects included in the current investigation (Hare et al., 2008), age was not a significant covariate in the analyses in this study.

The research findings of the present report are also limited by the cross-sectional design of the current investigation. The results are, however, consistent with other reports. For example, the short-term benefit of social supports on brain systems processing threat stimuli have also been demonstrated in experimental studies that put subjects under the threat of shock during imaging, with and without a caring support holding their hand (Coan et al., 2017). The role of the positive attachments in diminishing the negative effects of child maltreatment on brain function and risk for psychopathology have also been demonstrated in the prospective longitudinal work of Dozier and colleagues, and their follow-up of children referred to child protective services due to concerns about child abuse and neglect who were randomized to one of two interventions: the Attachment Biobehavioral Catch-up (ABC) intervention or an education focused control intervention. When compared to children who received the control intervention, participation in the ABC intervention was associated with improvement in attachment, behavior, and stress system (i.e., cortisol) measures immediately post-treatment (Bernard et al., 2012; Bernard, Dozier, Bick, & Gordon, 2015), the maintenance of these outcomes at 3-year follow-up (Bernard et al., 2015), and adaptive behavior and healthy patterns of neural functioning examined with electroencephalography (EEG) in middle childhood (Bick, Palmwood, Zajac, Simons, & Dozier, 2019).

The clinical significance of the neuroimaging results reported in this study is supported by associations between brain activation in multiple of these regions and children's anxiety ratings. The importance of amygdala function in promoting resilience and recovery also has independent support. In one prospective longitudinal study, increased network control of amygdala function at baseline was associated with decreased risk for internalizing problems at two-year follow-up within a cohort of maltreated children (Rodman, Jenness, Weissman, Pine, & McLaughlin, 2019). In another study that conducted functional brain imaging assessments before and after Trauma-Focused Cognitive Behavior Therapy (TF-CBT), the intervention with the strongest evidence base in treating PTSD and trauma-related symptomatology in children 3–17 years of age (Cohen & Mannarino, 2015), reduction in PTSD symptoms was associated with increased functional connectivity in the amygdala (Cisler et al., 2016). While it is unclear what elements of the intervention mediated the positive effects on brain imaging parameters, given research suggesting parental participation significantly

enhances the beneficial impact of TF-CBT for traumatized children (Cohen & Mannarino, 2015), enhancing supportive parenting may be a common element that mediates positive outcomes across effective trauma-focused interventions (Hoover & Kaufman, 2017).

## 5. Conclusions

While there is a burgeoning literature on the negative effects of child maltreatment and other forms of early adversity on brain structure and function, this study adds to a growing body of research that confirms the negative effects associated with child adversity are not inevitable. Positive supports, together with evidence-based trauma-informed interventions, are key elements in promoting resilience and recovery.

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## Declaration of Competing Interest

None.

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